

Book List- Anxiety and ADHD/Attention

From Worrier to Warrior: A guide to conquering your fears.

Dan Peters

Wilma Jean the Worry Machine

Julia Cook

Worry Says What

Allison Edwards

Anxiety Relief for Kids: On the spot strategies to help your child overcome worry.

Bridget Flynn Walker

All Kinds of Minds: A Young Student's Book About Learning Abilities and Learning Disorders.

by Melvin Levine MD

A Mind at a Time.

by Melvin Levine MD

ADD/ADHD Behavior-Change Resource Kit: Ready-to-Use Strategies & Activities for Helping Children With Attention Deficit Disorder. by Grad L. Flick, Ph.D.

Driven to Distraction: Recognizing and Coping with Attention Deficit Disorder from Childhood through Adulthood.

by Edward M. Hallowell and John J. Rate

Hyperactivity: Why Won't my Child Pay Attention?

By Sam Goldstein, Ph.D. and Michael Goldstein, MD

Life on the Edge: Parenting a Child with ADD/ADHD.

by David Spohn

Taking Charge of ADHD. Revised Edition,

by Russell A. Barkley

Thriving with ADHD: Workbook for Kids

Kelli Miller LCSW,MSW

