

MAYWOOD

Michael Jordan
Superintendent

Telephone
201-845-9114

School Closure Update March 20, 2020

March 20, 2020

Hello all. Although no official word has come from the County or the State, we will prepare as a District to plan for the worst and make sure we are ready if the two week closure is extended. If indeed that takes place we will make sure everyone has the time to plan and we will roll out a few more virtual options for teachers to use that will allow for a bit more “real time” interaction, as that is the item in virtual instruction that simply cannot be truly replicated like real school. Things such as Google Meet, Hangout and Zoom will be eased in if in fact we have to plan for a longer than anticipated closure. Let's not get ahead of ourselves but please know that we will have a game plan if indeed this becomes a reality.

In the meantime, let's step up the excitement a bit and launch our [SPIRIT WEEK](#) for this coming virtual week. Just because we are home doesn't mean we can't have fun.

MAS & Memorial Student/Staff Spirit Week

Monday, March 23

Superhero Day

Wear your favorite Superhero costume while working at home.

Tuesday, March 24

Mix It Up Day

Wear the craziest combination of clothing ever while you work at home.

Wednesday, March 25

School Spirit Day

Show off your pride in your school and wear as much Memorial and/or MAS gear as possible while working at home.

Thursday, March 26

Favorite Team Day

Wear whatever you have that represents your favorite team or teams while working from home.

Friday, March 27

Wacky Hair Day

Make sure that hair is absolutely wacky and crazy while you work from home.

Please send pictures to mjordan@maywoodschoools.org so we can post them on our Twitter site @MAYWOODSCHOOLS and our website, to put smiles on everyone's faces.

It is our hope that you can decompress and power down this weekend. Although nothing can match normalcy we hope you can relax and get back in to somewhat of a sense of "we got this."

Please find below some new information as well as reminders of items that have been sent before.

Take care

MAS Parents – Genesis

Genesis Grade Book has been temporarily disabled. We want the students to attend virtually, hand in the work they are capable of doing at home and not stress about grades right now.

Special Education Note

WE have made it through our first week of virtual school! As more guidance and information is provided by the DOE we are better able to come up with creative solutions for our students who have IEPs and receive Related Services to help meet their needs. Just yesterday the federal government and DOE reversed its previous ruling regarding teletherapy and is now going to allow it with restrictions. In the event that this closure is longer than originally scheduled, Maywood's related services staff and teachers will prepare lessons for teletherapy with students and/ or consultations with parents depending on what's more appropriate given the needs of the students. Annual reviews and other IEP meetings will be held via conference call. Once we return to school we will look at the data of each individual student and based on regression and recoupment, determine what compensatory services are needed. Thank you for your patience and understanding.

Hope your family stays healthy and safe.

Sincerely,

Sheryl A. Spencer, LSW
Supervisor of Special Services

Emotional Well-Being

Continuing to focus on all of our mental health and stress levels I am providing further resources below.

Here are some online mental health resources:

- [Emotional Well-being During the COVID-19 Outbreak](#)
- [Top Helpline Resources from National Alliance on Mental Illness \(NAMI\)](#)
- [Corona Virus Anxiety Help from NAMI](#)

Helpful Apps for Coping with stress:

[Breathe to relax](#)

Breathe2Relax is a portable stress management tool which provides detailed information on the effects of stress on the body and instructions and practice exercises to help users learn the stress management skill called diaphragmatic breathing.

[HAPPIFY](#)

Happify is the single destination for effective, evidence-based solutions for better mental health. The link is to the website, but you can also download the App through Apple.

Sanvello for Stress and Anxiety

Whether you manage a condition like anxiety or depression, deal with stress, or want to improve your overall mental well-being, Sanvello gives you the help, support, and resources you need to feel more in control and happier over time.

Check Website

We ask that you please check the website by 8 pm each day and click on the link labeled "SCHOOL CLOSURE UPDATE." That link is found in the middle of the homepage at <https://www.maywoodschoools.org>

Distance Learning Daily Schedule

Period 1 9:30 - 9:55 AM
Period 2 10:00 - 10:25 AM
Period 3 10:30 - 10:55 AM
Period 4 11:00 - 11:25 AM
Period 5/6 11:30 - 11:55 AM
LUNCH 12:00 - 12:30 PM
Period 7 12:30 - 12:55 PM
Period 8 1:00 - 1:30 PM

Free/Reduced Lunch

Lunch Distribution will take place at MAS for both schools on the backfield from 12:00 - 12:30 PM daily beginning on March 18th for those students who are eligible.

Technology Troubleshooting/Questions

Please email any of the following staff members:

kmarie@maywodoschools.org

sdamania@maywoodschoools.org

jerryv@maywoodschoools.org

Parent Resources (Virus Related)

Families are again encouraged to read and stay updated through official communication channels such as:

[2019 Novel CoronaVirus -Site to be Updated Frequently](#)

[Communicable Diseases - New Jersey Dept. of Health](#)

<https://www.nj.gov/health/cd/topics/ncov.shtml>

<https://www.cdc.gov/coronavirus/2019-ncov/specific-groups/guidance-for-schools.html>

Teacher/Parent Resources (Technology/Distance Learning)

These sites are offering very good tools for free at times as well as ideas to assist in distance learning planning and related activities.

<https://chalkbeat.org/posts/us/2020/03/12/coronavirus-schools-testing-department-of-education/>

<https://www.albert.io/blog/tools-for-distance-learning/>

<https://twitter.com/numbots/status/1238489028053340161?s=09>

[https://educators.brainpop.com/2020/02/19/free-brainpop-access-for-schools-affected-by-the-corona-](https://educators.brainpop.com/2020/02/19/free-brainpop-access-for-schools-affected-by-the-corona-virus/?utm_source=organic&utm_medium=social&utm_campaign=coronavirus&utm_content=free-access)

[virus/?utm_source=organic&utm_medium=social&utm_campaign=coronavirus&utm_content=free-access](https://educators.brainpop.com/2020/02/19/free-brainpop-access-for-schools-affected-by-the-corona-virus/?utm_source=organic&utm_medium=social&utm_campaign=coronavirus&utm_content=free-access)

<https://newsela.com/about/distance-learning/>

<https://teachercenter.withgoogle.com/resources/general/details?key=ahpzfmd3ZWItZWR1LXRyYWluaW5nLWNlbnRlcjI5LWVudXJhbFJlc291cmNiGICAqKzjo8cIDA>

<https://kahoot.com/blog/2020/02/27/kahoot-free-access-schools-higher-education-coronavirus/>

https://www.engadget.com/amp/2020/03/03/google-makes-hangouts-meet-features-free-in-the-wake-of-coronavirus/?_twitter_impression=true

<https://mysteryscience.com/school-closure-planning>

<https://t.co/paSYxd8e00>

<https://t.co/FbzInQsl3f>

4thekids.idecorp.com

3/21 is World Down Syndrome Day!

ROCK YOUR SOCKS!!!

World Down Syndrome Day is celebrated on March 21st because the date (3/21) signifies the 3 copies of the 21st chromosome that are present in people with Down syndrome.

We are encouraging everyone to wear **colorful**, *crazy* socks in celebration of people with Down syndrome so that as we look **DOWN** at our feet and see the **DIFFERENT** socks,

we will remember that we are **ALL** different and that different is a **GOOD** thing to **CELEBRATE!**

WHO: You!

WHAT: Rock Your Socks for World Down Syndrome Day!

WHEN: Saturday, March 21st

WHY: To celebrate our differences!

HOW: Wear your most **colorful**, fun and even **mismatched** socks!

Share/post pictures to show off your socks and spread the celebration!